

# Spring Development Gala

### Level 3 Gala

## ASA Licence 3NW200162

# Europa Pools, Birkenhead

March 7th and 8th 2020

**Meet Promoter: Craig Pickering** 

Email: wirralmetro@hotmail.com

Gala Secretary
Craig Pickering
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#### WIRRAL METRO SPRING OPEN DEVELOPMENT MEET

#### 3NW200162 March 7<sup>th</sup> and 8<sup>th</sup> 2020

#### **ENTRIES:**

Entries should be on Hy-tec Lite via zipped e-mail and will not be considered until full payment has been received.

Payment to be made on one combined cheque, made out to Wirral Metro S.C.

Paper based entries are welcome for clubs entering 5 or less swimmers, the individual entry form is on the Wirral Metro Website

All times submitted must be for a <u>25m short course pool</u>, converting if necessary, using A.S.A. equivalent Performance Tables.

All submitted times must be slower than the published upper entry times.

Successful and Scratched entries will be confirmed via email.

The acceptance of competitors will be based on a first come first served basis, as a consequence we may close this Gala earlier than the cut off date. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. A strobe starting light is available at this meet.

The cut-off date for entry receipt is February 10<sup>th</sup> 2020.

Please do not send entries via recorded/tracked/signed for delivery

#### **ENTRY FEES:**

Electronic entries £6.00 per event Paper Entries £7.00 per event

NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY TO THE WIRRAL METRO BANK.

ACCOUNT NUMBER: 10944157

**SORT CODE: 202950** 

IF PAID ELECTRONICALLY PLEASE PLACE NAME OF SWIMMER OR CLUB UNDER THE REFERENCE AND ADVISE

THE MEET PROMOTER BY EMAIL SEPARATELY

Refunds will only be reviewed upon production of a GP certificate

#### THE COMPETITION:

ALL withdrawals should be carried out using the form provided or by email to the above address at least 30 min's before the start of each warm up. It is the swimmers responsibility to report to the competitor's steward/marshalls when their event is called. All events will be swum in 'integrated age groups' with seeding by submitted times. All events are HEAT DECLARED WINNER. (H.D.W.)

The meet will run under the ONE START RULE, using over the top starts whenever possible.

Times and places shown on the electronic score board are for information only and not necessarily the official result.

#### THE REFEREE'S DECISION IS FINAL

#### **WIRRAL METRO SPRING OPEN MEET**

#### 3NW200162

#### March 7th and 8th 2019

#### **POOLSIDE PASSES:**

Coaches and team managers Passes @ £12.00 to include entry to poolside programme and result sheets which will be emailed to your club.

There is an entry form provided for poolside passes and all applicants should have the correct A.S.A. Registration and clearances for child protection purposes.

None pass holders will be refused entry onto the poolside. Passes to be worn at all times.

#### **AWARDS:**

Medals will be awarded to the three fastest swimmers in each event. 9/10 Combined, 11, 12, 13, 14/over Girls. 9/10 Combined, 11, 12, 13, 14/over Boys.

Age as at 8th March 2020

#### **HEALTH & SAFETY**

All swimmers and other personnel must abide by the Health & Safety rules laid down by the venue Management.

Team-Managers and Parents shall be responsible for their swimmers conduct at all times. Any person contravening these rules may be excluded from taking part in our meet.

Any person wishing to engage in photography or video use must register their details at the spectator entry desk. The photography pass is not transferable and must be worn at all times.

Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.

Any points not covered will be at the discretion of the Promoter

#### **WIRRAL METRO LEVEL 3 MEET 2020**

#### Saturday and Sunday March 7th and 8th 2020 – Europa Pools Birkenhead

#### **SATURDAY 7<sup>th</sup> March**

SESSION ONE: SESSION TWO:
Warm-up 08:00 Warm-up TBA
Start 09:00 Start TBA

**Event Event** 

1	Boys	9 -18 yrs	400m Free	9	Girls 12-18 yrs	400m IM
2	Girls	9 -18 yrs	200m IM	10	Boys 9-18 yrs	200m Free
3	Boys	9-18 yrs	100m Back	11	Girls 9-18 yrs	100m Free
4	Girls	9-18 yrs	100 Breast	12	Boys 9-18 yrs	100m Fly
5	Boys	9-18 yrs	50m Fly	13	Girls 9-18 yrs	50m Breast
6	Girls	9-18 yrs	50m Free	14	Boys 9-18 yrs	50m Back
7	Boys	9-18 yrs	200m Breast	15	Girls 9-18 yrs	200m Fly
8	Girls	9-18 yrs	200m Back			

#### SUNDAY 8th March 2020

SESSION THREE SESSIONFOUR
Warm-up 08.00 Warm-up TBA
Start 09.00 Start TBA

**Event Event** 

16	Girls	9 -18 yrs	400m Free	24	Boys 12 -18 yrs	400m IM
17	Boys	9-18 yrs	200m IM	25	Girls 9-18 yrs	200m Free
18	Girls	9 -18 yrs	100m Back	26	Boys 9-18 yrs	100m Free
19	Boys	9-18 yrs	100m Breast	27	Girls 9-18 yrs	100m Fly
20	Girls	9-18 yrs	50m Fly	28	Boys 9-18 yrs	50m Breast
21	Boys	9-18 yrs	50m Free	29	Girls 9-18 yrs	50m Back
22	Girls	9-18 yrs	200m Breast	30	Boys 9-18 yrs	200m Fly
23	Boys	9-18 yrs	200m Back			

Any points not covered here are at the discretion of the promoter.

# Wirral Metro Development Gala Level 3 Licence 3NW200162 Saturday March 7<sup>th</sup> and Sunday March 8<sup>th</sup> 2020 No swimmer should enter a time faster than those indicated below Age at the 8<sup>th</sup> March 2020

GIRLS UPPER TIME LIMIT							BOYS UPPER TIME LIMIT					
Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+		Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+
25.00	25.00	25.00	25.00	25.00	25.00	50 FREE	25.00	25.00	25.00	25.00	25.00	25.00
1.09.19	1.05.19	1.05.19	1.02.24	1.00.50	59.35	100 FREE	1.02.19	1.00.19	1.00.19	1.00.19	57.17	55.41
2.25.36	2.20.36	2.20.36	2.13.79	2.10.11	2.07.44	200 FREE	2.22.98	2.18.98	2.18.98	2.10.78	2.04.45	2.00.15
4.47.33	4.47.33	4.42.67	4.37.47	4.35.79	4.32.29	400 FREE	4.45.67	4.40.33	4.34.71	4.23.78	4.14.31	4.09.46
41.20	37.80	35.90	34.20	33.20	32.10	50 BACK	41.00	37.80	34.50	34.00	31.90	30.80
1.15.26	1.13.26	1.13.26	1.09.58	1.07.58	1.05.95	<b>100 BACK</b>	1.10.54	1.08.54	1.08.54	1.08.54	1.04.69	1.03.20
2.40.02	2.36.02	2.36.02	2.28.44	2.24.47	2.21.33	200 BACK	2.38.89	2.35.89	2.35.89	2.26.36	2.18.97	2.13.97
45.30	43.20	40.60	38.40	36.00	35.50	50 BRST	46.50	43.00	40.50	37.90	35.50	34.10
1.26.36	1.23.36	1.23.36	1.19.24	1.16.73	1.15.01	<b>100 BRST</b>	1.19.67	1.17.67	1.17.67	1.17.67	1.12.96	1.10.65
3.01.67	2.58.67	2.58.67	2.49.38	2.44.78	2.41.33	<b>200 BRST</b>	3.04.52	3.00.52	3.00.52	2.48.43	2.39.17	2.33.36
4.60	36.70	34.80	33.10	32.00	30.70	50 FLY	40.10	36.80	34.50	31.70	29.90	28.50
1.15.98	1.13.98	1.13.98	1.09.67	1.07.53	1.05.73	100 FLY	1.10.42	1.08.42	1.08.42	1.08.42	1.04.08	1.01.54
2.46.31	2.43.31	2.43.31	2.33.84	2.27.77	2.23.90	200 FLY	2.47.19	2.43.19	2.43.19	2.31.80	2.22.79	2.16.20
2.41.78	2.38.78	2.38.78	2.31.37	2.27.47	2.22.42	200IM	2.41.53	2.38.53	2.38.53	2.29.38	2.21.49	2.16.87
XXXXXX	XXXXXX	XXXXX	5.18.15	5.14.19	5.09.76	400IM	XXXXXX	XXXXXX	XXXXXX	5.13.30	5.01.28	4.51.45